

Course Description Form

1. Course Name:

Adult Nursing

2. Course Code:

NUR201

3. Semester / Year:

Second Year/ semester -II

4. Description Preparation Date:

30-1-2024

5. Available Attendance Forms:

Recording the student's attendance in theoretical lectures

6. Number of Credit Hours (Total) / Number of Units (Total)

**(4) hours per week for the theoretical subject for a period of 15 weeks
(total 60 hours) For clinical area (12) hour per day a total of (180) hour.**

7. Course administrator's name (mention all, if more than one name)

Name: Lecturer Dr. Hussein Aadi Ubaid

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Lec. Asst. Haider Mansor Kadhum

8. Course Description

This course provides the student with the knowledge, skills and attitudes that are essential for effective and comprehensive nursing care for adults in the uncritical medical and surgical illness. The related concepts of path physiology, fundamentals of nursing and pharmacology are integrated.

9. Course Objectives

1- Identify risk factors and nursing interventions in promoting and Maintaining health in a selected client population.

2- Relate the path physiology of selected medical/ surgical alterations

To the health –illness continuum.

3- Discuss scientifically based rationale for performing selected Diagnostic procedure, outcomes and nursing responsibilities.

4- Describe drug therapies and their related outcomes for clients Undergoing medical/ surgical interventions.

5- Explain nutritional needs of patients with selected medical/ Surgical alterations.

6- Discuss principles of teaching- learning processes as they related to The adult/ older adult patient.

7- Apply the theoretical concepts, scientific principles in planning Care of patients.

8- Demonstrate competence in implementing nursing interventions to Meet client oriented goals.

9- Demonstrate safe administration of drug and parenteral therapy.

10- Participate in teaching patients

11- Demonstrate effective communication with patients, instructor and Health members.

12- Describe pre- operative nursing measures of avoiding the risk of Infection and the expected post- operative complications.

10. Teaching and Learning Strategies

Method of delivering the lecture using PowerPoint

Continuous discussion by asking questions and answers in the hall and motivating the student to self-think and thus to self-learning.

Using innovative educational means, such as the smart board, data shows and scientific pictures that bring the subject closer to the students' minds.

11. Course Structure

Theoretical = 4 h Clinical 12 h

Date of Class	Unit to be Covered and/or Activity
Week 1	Introduction to adults nursing. -Nursing process; definition, objectives and steps.
Week 2	Rehabilitation in Nursing 1. Basic principle in rehabilitation nursing 2. Rehabilitation team 3. Prevention of complications and deformities.
Week3	Care of patients with cancer 1. Definitions. 2. Types. 3. Sign and symptoms. 4. Method of diagnosis. 5.Treatment and nursing management of patients with cancer
Week 4	Nursing management for patients with renal disorders. - Assessment and diagnostic test. - Cardinal signs and symptoms. - Urinary tract Infection Renal stone.
Week5	-Benign Prostatic Hyperplasia (BPH). - Renal Failure. - Acute Renal Failure. -chronic Renal Failure.
Week 6	First Med Exam
Week 7	- Renal Nutrition - Dialysis.
Week 8	- Nervous System. - Intracranial pressure. scales
Week 9	-The patient with breast cancer

	<ul style="list-style-type: none"> -Sign and symptoms. -Method of diagnosis. -Nursing care and rehabilitation.
Week 10	<ul style="list-style-type: none"> -Nursing management for patient with digestive system disease. -Sign and symptoms, and diagnostic measures. -Nursing care for the patient with the followings: <ul style="list-style-type: none"> -Hernia. -Ulcerative colitis. -Peptic Ulcer. -Acute Abdomen. -Irritable bowel syndrome
Week 11	<ul style="list-style-type: none"> -Epilepsy. - Head injury. - Meningitis.
Week 12	<ul style="list-style-type: none"> - The patient with hepatobiliary disorders -Sign, symptoms and diagnosis of liver diseases. -Nursing care and rehabilitation for the following diseases: <ul style="list-style-type: none"> -Pancreatitis. -Hepatitis. -Liver cirrhosis. -Cholelithiasis and cholecystitis
Week 13	<ul style="list-style-type: none"> Musculoskeletal disorders. <ul style="list-style-type: none"> - Osteomyelitis. - Osteoporosis.

12.Course Evaluation

First midterm theory exam	15%
Second midterm theory exam	15%
Quiz	5%

Attendance	5%
Final Exam	60%
Total	100 %

13.Learning and Teaching Resources

- Brunner & Suddarth's Textbook of Medical-Surgical Nursing (Brunner and Suddarth's Textbook of Medical-Surgical) 2018.
- Understanding Medical Surgical Nursing Fifth Edition 2015