

COURSE DESCRIPTION FORM

1. Course Name:

Health Assessment

2. Course Code:

HAS203

3. Semester / Year:

First Year/ Semester -I

4. Description Preparation Date:

3-10-2023

5. Available Attendance Forms:

Recording the student's attendance in theoretical lectures

6. Number of Credit Hours (Total) / Number of Units (Total)

(2) hours per week for the theoretical subject for a period of 15 weeks
(total 30 hours) for Health Assessment (2) hour per day a total of (30) hour.

7. Course administrator's name (mention all, if more than one name)

Name: A. Professor: Ali Faris Abdul Hussein

Email: Ali.F.Alsaadi@alkutcollege.edu.iq

8. Course Description

This course is designed to assist the students to focus on the client's holistic assessment that emphasize on physical status as well as psychosocial and cultural aspects. In addition, the course provides the theoretical basis for assessing human level of wellness, personal strengths and physiological alteration through using interview data, nursing observation, results of diagnostic studies and physical examination data.

9. Course Objectives

At the end of the course the student will be able to:

- ✓ Describe the components of the health history
- ✓ Apply interviewing skills and techniques to conduct a successful interview.

- ✓ Evaluate the persons' general health status.
- ✓ Utilize various tools and techniques to measure and collect information (interview, observing, listening, physical examination, reviewing records and reviewing results of diagnostic test.
- ✓ Explain the sequence of systematic approach of physical examination of body system.
- ✓ Demonstrate the basic techniques of physical examination.
- ✓ Describe the physical examination techniques of inspection, palpation, percussion, and auscultation
- ✓ Identify common instruments used during physical examination.

10. Teaching and Learning Strategies

- ✓ Method of delivering the lecture using PowerPoint
- ✓ Continuous discussion by asking questions and answers in the hall and motivating the student to self-think and thus to self-learning.
- ✓ Using innovative educational methods, such as scientific instructional pictures, the procedure application, and displaying an educational video that brings the material closer to the students' minds.

11. Course Structure

Theoretical = 2 h Health Assessment Laboratory= 2 h

Date of Class	Unit to be Covered and/or Activity
Week 1	Introduction of Physical Examination
Week 2	Physical Examination\ Head.
Week3	Physical Examination\ Ear, Nose, Mouth and Throat
Week 4	Neck & Cervical Assessment
Week 5	Integumentary System

Week 6	Exam (1)
Week 7	Lung & Thorax Assessment\part II
Week 8	Abdominal Assessment
Week 9	Peripheral Vascular System & Lymphatic System Assessment
Week 10	Exam (2)
Week 11	Neurological Assessment
Week 12	Eye Assessment
Week 13	Cardiovascular System
Week 14	Musculoskeletal System
Week 15	Exam (3)

12.Course Evaluation

First midterm theory exam	10%
Second midterm theory exam	10%
Health Assessment Laboratory Evaluations	20%
Final Health Assessment Laboratory Exam	20%
Final Theory Exam	60%
Total	100 %

13.Learning and Teaching Resources

- ✓ **Smeltzer, S. C., et.al, Textbook of Medical Surgical Nursing, 10th ed, Philadelphia, Lippincott William and William and Wilkins, 2017.**
- ✓ **Weber Jnet and Jane Kelley, Health Assessment in Nursing, 8nd ed., Philadelphia, Lippincott William & Wilkins, 2014.**