

Course Description Form

1. Course Name:

Health Sociology

2. Course Code:

HOS303

3. Semester / Year:

Third Year/ semester -I

4. Description Preparation Date:

30-1-2024

5. Available Attendance Forms:

Recording the student's attendance in theoretical lectures

6. Number of Credit Hours (Total) / Number of Units (Total)

**(2) hours per week for the theoretical subject for a period of 13 weeks
(total 30 hours)**

7. Course administrator's name (mention all, if more than one name)



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8. Course Description

This course is designed to present knowledge base of issues from sociological point of view. So, medical orientation towards promoting and preserving health of population is increased.

9. Course Objectives

-  To demonstrate the effect of social and economic factors on health ,healing and illness on the community behaviors and lifestyle .
-  To apply the knowledge base of medical sociology and related sciences such social epidemiology .

10. Teaching and Learning Strategies

- ✚ Method of delivering the lecture using PowerPoint
- ✚ Continuous discussion by asking questions and answers in the hall and motivating the student to self-think and thus to self-learning.
- ✚ Using innovative educational means, such as the smart board, data shows and scientific pictures that bring the subject closer to the students' minds.

11. Course Structure

Theoretical = 2 h

Date of Class	Unit to be Covered and/or Activity
Week 1	Introduction to medical Sociology <ul style="list-style-type: none">✚ 1.1. Foundation medical Sociology (History and Development)✚ 1.2. Definitions of medical Sociology✚ 1.3. Purpose of medical Sociology✚ 1.4. Uses of medical Sociology
Week 2	. Social interaction and health <ul style="list-style-type: none">✚ 2.1. Health✚ 2.2. Social Health✚ 2.3. Social interaction✚ 2.4. Social epidemiology✚ 2.5. Social condition causes of diseases.
Week3	Illness and disease
Week 4	Illness behaviors

Week5	Effects of Social illness 5.1. Lifestyle changes. 5.2. Body Image changes 5.3. Self-concept changes 5.4. Loss of autonomy
Week 6	. Impact of Social illness on the family ✚ 6.1. Kind of effect and its extent dependsSample. ✚ 6.2. changes that can occur in the family include
Week 7	Lifestyle ✚ 7.1. The Lifestyle Types ✚ 7.2. Mean the term lifestyle ✚ 7.3. Social life in sociology ✚ 7.4. Person's lifestyle ✚ 7.5. Healthy lifestyle ✚ 7.6. Elements of social structure
Week 8	Quality of life ✚ 8.1. Physical Quality of life ✚ 8.2. Mental Quality of life ✚ 8.3. Spiritual Quality of life ✚ 8.3. Humans needs ✚ 8.5. Roles the nurse in Humans need ✚ 9. Stress:
Week 9	What Is Stress?
Week 10	Social relationship .

12.Course Evaluation

First midterm theory exam	15%
Second midterm theory exam	15%
Final Exam	70%
Total	100 %

13.Learning and Teaching Resources

 **Cooke,H.philipin,S.(2008).Sociology in Nursing and health care Elsevier Limited**