



Course Description Guide for Fundamentals of Nursing-I

2024

Introduction to Nursing Syllabus

First Semester 2024

Instructor Information

Assistant Professor

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Email

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Office Location & Hours

Al-Kut, Wasit, Iraq

General Information

Description

This course is designed to provide the nursing student with basic knowledge concerning principles of nursing: - Historical and contemporary nursing practice, the development of nursing profession, nursing education and research, legal aspect of nursing, values, ethics and advocacy, health , wellness and illness , health care Delivery system.

Expectations and Goals

At the end of the course the student will be able to:

- ✓ Understand the history and development of nursing profession.
- ✓ Identify the basis of nursing ethics and values.
- ✓ Realize the personal characteristics & human needs
- ✓ Recognize the concept of health, wellness & illness.
- ✓ Identify factors affecting health status beliefs & practices.
- ✓ Describe the health care delivery system.

- ✓ Distinguish between legal and illegal situations in nursing practice.

Course Materials

Learning Resources:

Black board, Overhead, Posters, handout.

Teaching/ Learning Strategies:

Lecture, Demonstration, Small Groups, Role Playing.

Required Text

Hughes, S. J. (2016). *Kozier and Erb's Fundamentals of Nursing: Concepts, Process and Practice*. Nurse Education in Practice, 12(2), p. e12. doi: 10.1016/j.nepr.2011.09.002

Course Schedule

Week	Topic	Reading	Exercises
Week 1	Part I: 1.1: Hand washing 1.2: Isolation techniques (personal protective equipment) 2.1. Sterile Field and Handling sterile equipment	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 2	Part II: Body mechanics 2.1: movement 2.2: posture	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 3	Exam (1)	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 4	Part III: Vital signs 3.1: Body temperature 3.2: Pulse 3.3: Respiration	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 5	Part IV: Blood Pressure	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 6	Part V: Wound care and healing process	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 7	Exam (2)	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 8	Part VI: Gastric intubation (gavage and lavage) And Thoracentesis	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 9	Part VII: Administration of Medication 10.1: Oral medication	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 10	Part VIII: Injection of medication	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz

Week	Topic	Reading	Exercises
Week 11	Part X: Intravenous infusion 12.1: Blood transfusion	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 12	Part XII: Nursing process	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 13	Part XIII: Hot and cold applications	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 14	Part XII: Enema and Catheterization	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz
Week 15	Exam (3)	Kozier and Erb's Fundamentals of Nursing - Berman, Audrey.	Quiz

Exam Schedule

Date	Subject	
2024	Theory Exam (1)	<ol style="list-style-type: none"> 1. Part I: 1.1: Hand washing 2. 1.2: Isolation techniques (personal protective equipment) 3. 2.1. Sterile Field and Handling sterile equipment 4. Part II: Body mechanics 5. 2.1: movement 6. 2.2: posture
2024	Final Exam (2)	<ol style="list-style-type: none"> 1. Part III: Vital signs 2. 3.1: Body temperature 3. 3.2: Pulse 4. 3.3: Respiration 5. Part IV: Blood Pressure 6. Part V: Wound care and healing process
2024	Final Exam	<ol style="list-style-type: none"> 1. Part I: 1.1: Hand washing 2. 1.2: Isolation techniques (personal protective equipment) 3. 2.1. Sterile Field and Handling sterile equipment 4. Part II: Body mechanics 5. 2.1: movement 6. 2.2: posture 7. Part III: Vital signs 8. 3.1: Body temperature 9. 3.2: Pulse 10. 3.3: Respiration

Date

Subject

11. Part IV: Blood Pressure
12. Part V: Wound care and healing process
13. Part VI: Gastric intubation (gavage and lavage)
14. And Thoracentesis
15. Part VII: Administration of Medication
16. 10.1: Oral medication
17. Part VIII: Injection of medication
18. Part X: Intravenous infusion
19. 12.1: Blood transfusion
20. Part XII: Nursing process
21. Part XIII: Hot and cold applications
22. Part XII: Enema and Catheterization

Course Assessment for Semester System (100%)	Theoretic al Content Exam	Quiz	Clinical Evaluations	Final Clinical Exam	Final Theory Exam	Total
	15	5	20	20	40	100

Signature:

A. Professor Ali F. Abdul Hussein

Date: \ \2024

Signature:

Professor: Dr. Rabea M. Alyasire

Head of Department

Date: \ \2024