

## Course Description Form

### 1. Course Name:

**Human growth and development**

### 2. Course Code:

**BST307**

### 3. Semester / Year:

**Third Year/ semester -2**

### 4. Description Preparation Date:

**30-1-2024**

### 5. Available Attendance Forms:

**Recording the student's attendance in theoretical lectures**

### 6. Number of Credit Hours (Total) / Number of Units (Total)

Total ( 4) credits:

Theory ( 1) credits

Lab. ( 2 ) credits

Clinical (3) credits

Total (6) hours weekly of (15) weeks

### 7. Course administrator's name (mention all, if more than one name)

**Name:Asst. Lec. Nawfel Fadhil Hamza**

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### 8. Course Description

✚ This course will provide the students with basic knowledge related to human growth and development. It deepens their understanding about the human characteristics, needs, and their normal growth and developmental problems during different stages of human life.

### 9. Course Objectives

**At the completion of this course the students will be able to:**

1- Define the concepts of growth, development, and maturation, and

differentiate them.

2- Understand psychosocial theories related to human growth and development.

3- Identify the patterns of growth and development.

4- State the principles of child development with examples to show the understanding of the principles.

5- Describe the physical, social, emotional, spiritual and mental development that take place during different stages of the human beings life.

6- Measure and records a particular weight, height, head circumference on a growth chart, In addition to use of Denver development screening test.

7- Explain the stages of growth and development throughout the human being life cycle.

8- Identify developmental problems the Individual face during different stages of growth and development.

9- Discuss the role of the peer group, play, school and friends on the socialization of early and middle childhood and adolescence periods.

### 10. Teaching and Learning Strategies

✚ Method of delivering the lecture using PowerPoint

✚ Continuous discussion by asking questions and answers in the hall and motivating the student to self-think and thus to self-learning.

✚ Using innovative educational means, such as the smart board, data shows and scientific pictures that bring the subject closer to the students' minds.

### 11. Course Structure

Date of Class	Unit to be Covered and/or Activity
Week 1	Overview of normal growth and development:
Week 2	Factors Influences on growth and development
Week3	Growth and development Measurement
Week 4	Developmental theories:

Week5	+ Infancy period
Week 6	+ Early childhood Period
Week 7	+ Toddler and preschooler needs.
Week 8	+ School period
Week 9	<b>Development implications</b>
Week 10	<b>Adulthood young adulthood, Middle adulthood.</b>
Week 11	<b>Older adulthood.</b>

## 12.Course Evaluation

midterm exam	40%
Final Exam	60%
<b>Total</b>	<b>100 %</b>

## 13.Learning and Teaching Resources

- + Hockenberry, M. J., & Wilson, D. (2019). Wong's nursing care of infants and children-E-book. Elsevier Health Sciences.